

# Coastal Plains Community Center

## **LIDDA Local Plan**

**FY 22-23**

# **Coastal Plains Community Center's Mission and Vision**

## **Mission Statement:**

Enhancing personal growth in our community through support, guidance, education, and advocacy.

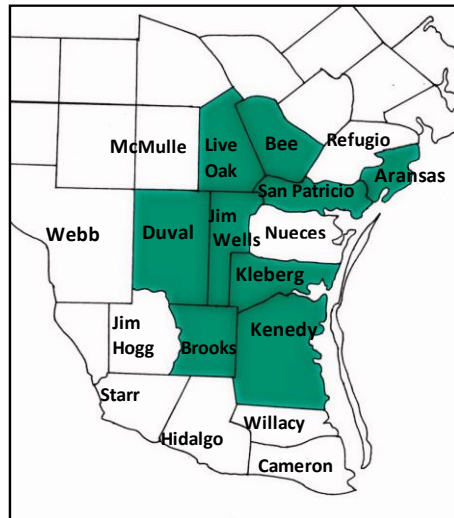
## **Vision Statement:**

Coastal Plains Community Center will be a leader in quality human services as defined by the people we serve.

## Demographic Profile and Organizational Overview

### ❖ Service Area

Coastal Plains Community Center (CPCC) serves Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio counties. Our service area covers 8,800 miles, and the population in the 9-county area is 228,383.



### ❖ Governed by a Board of Trustees

Jim Huff	Chair	Live Oak County
Rudy Madrid	Vice-Chair	Kleberg County
Carlos Salazar, Jr.	Secretary	Bee County
Gilbert Saenz		Duval County
Gary Moore		San Patricio County
Cindy Gonzales		Kenedy County
Eric Ramos		Brooks County
William “Bill” Mills		Aransas County
Juan Rodriguez, Jr.		Jim Wells County

## ❖ **Employees**

Coastal Plains Community Center employs 201 full time, 2 part-time employees and 79 contracted employees.

## ❖ **Local Intellectual and Developmental Disability Authority**

### *Program and Philosophy:*

Coastal Plains Community Center's goal is to ensure that persons with intellectual and developmental disabilities (IDD), have every opportunity to make informed choices concerning the services and supports he or she considers crucial for meeting his or her personal goals, rather than having to accept a pre-determined, non-individualized set of services. Coastal Plains Community Center utilizes Person Directed Planning to facilitate the development of the person's service plan. As we fully implement IDD Authority services – all persons served will have services evaluated and authorized. In addition to making sure that the person is making individualized choices, we must ensure that Coastal Plains Community Center meets the standards of safety, abuse and neglect on a highly consistent basis. Although Coastal Plains Community Center has procedures which consist of providing information, documents, and first-hand implementation, it does not substitute for the internal thought process of staff which must be geared toward person-centered planning and not a preconceived notion of what we think is best. It is essential that we demonstrate our ability to listen to people and use this information to improve services and supports.

### *Values That Guide the Intellectual and Developmental Disabilities Service System*

Persons with intellectual and developmental disabilities choose among an array of services that meet each person's needs and support each person's individual goals for a lifestyle of inclusion, interdependence and respect.

Families of persons with intellectual and developmental disabilities are supported in their efforts to help their family members meet their individual goals.

The service system supports persons in their informed choices by offering services that are:

- Important to the persons served;
- Reactive to their needs;
- Available and readily accessed;
- Consistent with each person's goals; and
- Respectful of cultural values and dignity.

The opinions of the people we serve are considered most important when we evaluate the quality of the services provided by Coastal Plains Community Center.

Persons with intellectual and developmental disabilities make informed choices about how their needs are met and how their goals are supported. This means that they:

- Are instructed in skills to make informed choices and to understand and accept the possible results of their decisions;
- Are given chances to experience the results of their choices; and
- Are supported in making those choices that will govern their lives and futures.

Persons with intellectual and developmental disabilities have the same legal and human rights as all citizens and are not deprived of their rights without due process of the law.

***IDD Screening and Intake:***

Persons who want Intellectual and Developmental Disability (IDD) services have the opportunity to be referred for Intake to determine whether the person is eligible for IDD services based on criteria set by HHSC. This is determined by a licensed psychologist or authorized provider. Persons who do not meet criteria are referred to alternative and appropriate services.

***Continuity of Services:***

The person whose previous county of residence is within the Coastal Plains Community Center service area and must reside in a State Supported Living Center and be recommended for movement to the community; OR be requesting enrollment in the ICF/IDD program within the Coastal Plains Community Center catchment area and needs assistance.

***Community Service Coordination Admission and Discharge:***

A person must live within Coastal Plains Community Center's service area and have had a Determination of Eligibility and/or had a previous assessment endorsed or validated by Coastal Plains Community Center's HHSC Certified Psychologist finding them to have a diagnosis of IDD, Autism, or pervasive developmental disorder. Service Coordination assists in assessing medical, social, educational and other appropriate services and supports that will help an individual achieve a quality of life and community

participation acceptable to the person and Legal Authorized Representative on the person's behalf. An eligibility assessment is completed to determine if the individual has at least two unmet needs to qualify for the service. Persons are discharged if they move out of Coastal Plains Community Center's service area, request discharge, pass away, or the Planning Team or individual decides they are no longer in need of service.

### ***Respite Services:***

The purpose of Respite Services is to provide families with a temporary relief from their responsibilities as caregivers, and to also give those families as opportunity to take a break from one another.

### ***Day Habilitation Services***

A service provided at Coastal Plains Community Center Day Centers in a group setting to assist the consumers in improving self-help and independent living skills so that they can live and participate in the community.

### ***Crisis Intervention Services***

The purpose of Crisis Intervention Services is to provide therapeutic support and interventions to people with IDD or suspected of having a diagnosis of IDD who are experiencing behavioral and psychiatric crisis or challenges.

### ***Crisis Respite***

Out of home Crisis Respite is a service provided at a setting other than the persons home. The person is in a 24-hour supervised setting in which therapeutic support is provided to stabilize the crisis situation prior to returning home. In home Crisis respite is a service provided in the persons home, when appropriate, to provide therapeutic support to stabilize a crisis situation and to address the situational stressors.

### ***Community First Choice***

A service to determine eligibility to Community First Choice Personal Assistance and/or Habilitation Services. Assessments and IDD testing are completed and service planning coordination with the persons Managed Care Organization to determine appropriate services.

### ***PASRR Evaluation & Habilitation Coordination to Persons residing in Nursing Facilities***

Persons suspected of having an Intellectual Disability and/or Developmental Disability are referred to the Local Authority prior to or within 72 hours of admission into the Nursing Facility for a Preadmission Screening and Resident Review (PASRR) Evaluation. This evaluation is conducted to determine medical necessity and to ensure that the individual/LAR and/or family has been provided information on services provided in the community that can assist meeting the person's needs in a less restrictive environment. During the evaluation, should staff observe or be provided with information to verify the person may have an ID or DD diagnosis, Habilitation Coordination will be provided to the person. Should the person be discharged from the Nursing Facility back into the Community, Enhanced Community Coordination will provide intensive service coordination for one year, before discharging into Community Service Coordination.

### ***Texas Home Living and Home and Community-Based Services Program – IDD Local Authority***

As the Local Authority for persons with intellectual and developmental disabilities, Coastal Plains Community Center is responsible for providing Service Coordination to persons enrolled in the Texas Home Living and Home Community-Based Services Programs. Persons are discharged from this service should they leave the program upon request; transfer outside of Coastal Plains Community Center's service area, Planning Team recommendation; and/or due to being determined as no longer eligible.

### **❖ Local Planning Process**

The goal of the planning process is to aggregate the requirements of all the customers into a set of initiatives which guide the center's resource allocation and priorities, considering fiduciary responsibility as well as excellence of care. The resulting plan is also developed to ensure that community needs are communicated to governing bodies and area and state agencies. The plan is monitored by our Senior Management Team, the Board of Trustees and community advisory committees.

The planning process solicits input from a variety of sources and is also held to standards and requirements of funding. The approach chosen by Coastal Plains Community Center involves not only persons and their families but also referral sources, community representatives and available services, advocacy groups, advisory committees and employees. This reflects Coastal Plains Community Center's commitments to understanding the needs of all its citizens.

Progress on initiatives is reviewed at Senior Management Team meetings.

The initiatives of Coastal Plains Community Center are based on elements of governance, which support the Center in its obligation as a public steward. These initiatives are developed as part of the planning process and are further defined as they flow into the development of objectives and strategies. Monitoring and evaluation activities support the need for ongoing assessment of effectiveness and efficacy. Review of service utilization through MBOW, CARE and Cerner reports also assist with this process. The IDD Services Utilization Committee also meet quarterly to review utilization of services and supports.

**Planning and Network Advisory Committee (PNAC):** Coastal Plains Community Center has a network advisory committee that meets quarterly and is composed of representatives of the community, consumers and their families and center's liaisons. The PNAC serves as a resource to Coastal Plains Community Center, objectively evaluating services for quality of care and best value, and assuring an appropriately developed provider network and sound procurement practices. The PNAC also makes operational the authority functions of network development, oversight, resource development, and resource allocation and consumer empowerment, while assuring public input in these processes.

**Coastal Plains Community Center Standing Committees:** Several oversight committees within Coastal Plains Community Center assess the center's performance and make recommendations to the Senior Management Team on results of audits, surveillance, reporting, investigations and surveys. The Safety, Risk Management, and Infection Control Committee, made up of staff from all service areas, center Safety Officer and Director of Quality Management, meet quarterly to monitor safety practices and incidents which have the potential to put persons at risk. The QM team meets monthly to identify barriers to services and discuss utilization of resources. The Compliance Committee meets quarterly to review compliance, privacy, rights, and abuse prevention functions. These committees all have the potential to identify needs for improvement, reporting to Senior Management Team and identifying issues, which include input from employees, consumers, and consumer's families.



❖ **2022-2023 Priorities and Initiatives**

- Become National Committee for Quality Assurance (NCQA) Accredited
- Make full use of the Millennium Electronic Health Record (EHR) to impact efficiencies and streamline processes