

People Do Get Better!

**24 Hour Crisis Hotline
1-800-841-6467**



Aransas County

Rockport Clinic:
361-727-0988
Aransas Pass:
361-226-3022

Bee & Live Oak Counties

Beeville Clinic:
361-358-8000

Brooks County

Falfurrias Clinic:
361-325-3673

San Patricio County

Taft Clinic:
361-528-4516

Kenedy & Kleberg Counties

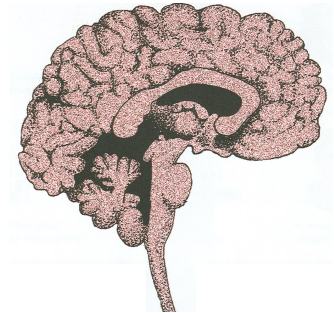
Kingsville Clinic:
361-592-6481

Duval & Jim Wells Counties

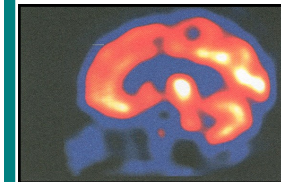
Alice Clinic:
361-664-9587
San Diego Clinic:
361-279-7296

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of Coastal Plains Integrated Health. You may
contact Coastal Plains at 361-777-3991.
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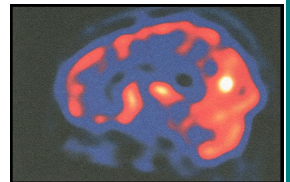
Bipolar Disorder



Genetics, family history, environmental stress, and biochemical disturbances may play a role in the onset of Bipolar Disorder. Medical research indicates that depression may be linked to imbalances of the brain's chemical messengers, called neurotransmitters.



Brain function by
SPECT scan with
Bipolar Disorder.



Brain function by
SPECT scan in
healthy brain.



Serving Persons With Mental Illness and
Intellectual & Developmental Disabilities

Bipolar Disorder

Diagnosis: Bipolar disorder involves one manic episode, which is determined by at least three of the following symptoms, and usually one or more major depressive episodes with at least five of the symptoms described in the depression brochure.



Physical restlessness or agitation



Depressive episodes and symptoms replace manic episodes

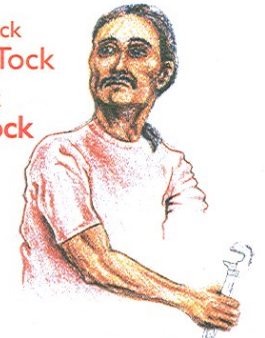
...then said to him it really isn't my place to tell whether or not he should think the way he does it really isn't worth bringing this up with you because you don't really care if he thinks that way or not as well but I don't think here really considered that either but who am I to wonder what he is or isn't thinking about what you or I think he is thinking anyway but where was I oh yeah, just decided to not have an opinion...



More talkative than usual or pressured speech



Tick
Tock
Tick
Tock



Easily distracted by unimportant external stimuli



Flight of Ideas or racing thoughts



Increase in goal-directed activity



Excessive engagement in pleasurable but potentially harmful activities



Inflated self-esteem or grandiosity



Decreased need for sleep yet increased energy