

**People
Do
Get
Better!**

**24 Hour Crisis Hotline
1-800-841-6467**



Coastal Plains
Integrated Health

Aransas County

Rockport Clinic
361-727-0988
Aransas Pass
361-226-3022

Bee & Live Oak Counties

Beeville Clinic
361-358-8000

Brooks County

Falfurrias Clinic
361-325-3673

San Patricio County

Taft Clinic
361-528-4516

Kenedy & Kleberg Counties

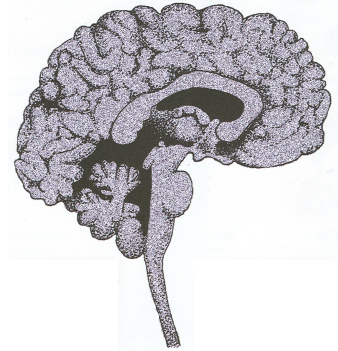
Kingsville Clinic
361-592-6481

Duval & Jim Wells Counties

Alice Clinic
361-664-9587
San Diego Clinic:
361-279-7296

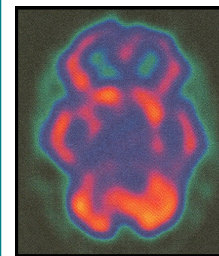
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Visit our web site at www.coastalplainsctr.org

Depression



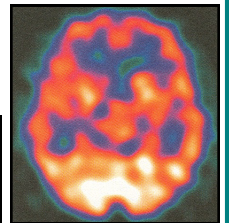
Genetics, family history, personality factors, environmental stress, and biochemical disturbances all may play a role in the onset of depression.

Medical research indicates that depression may be linked to imbalances of the brain's chemical messengers, called neurotransmitters.



←Brain function by SPECT scan in person with depression.

Brain function by SPECT scan in healthy brain. →



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Depression

Diagnosis: To reach a diagnosis of major depression, at least five of the following symptoms, including depressed mood or diminished interest/pleasure in usual activities, must be present nearly every day for two weeks or longer without an alternative physical cause.

