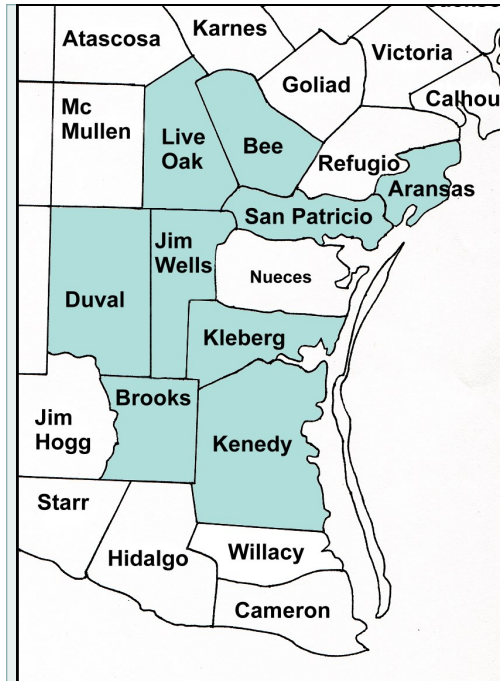
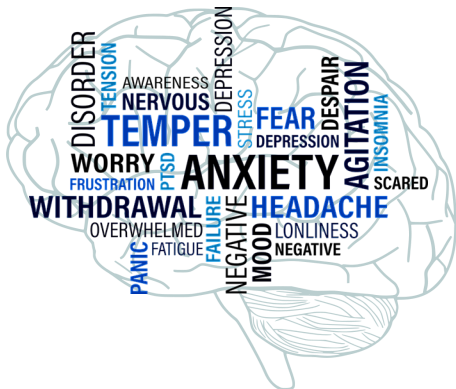


Early Signs of Psychosis ?

Determining exactly when the first episode of psychosis begins can be hard, but these signs and symptoms strongly indicate an episode of psychosis:

- Hearing, seeing, tasting or believing things that others don't
- Persistent, unusual thoughts or beliefs that can't be set aside regardless of what others believe
- Strong and inappropriate emotions or no emotions at all
- Withdrawing from family or friends
- A sudden decline in self-care
- Trouble thinking clearly or concentrating

Such warning signs often point to a person's deteriorating health, and a physical and neurological evaluation can help find the problem.



For more information
contact us at:

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361-226-3022

Beeville:

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Kingsville:

361-592-6481

San Diego:

361-279-7296



Early Onset Program



Coastal Plains
Integrated Health

Our Mission

Enhancing personal growth in our community through support, guidance, education and advocacy.

What We Do?

Coastal Plains provides mental health services to individuals with severe and persistent mental illnesses such as schizophrenia, bipolar disorder, and severe clinical depression.

These illnesses are commonly persistent, severe and may be accompanied by a substance use disorder.

Treatment at Coastal Plains Integrated Health is uniquely designed to offer support to the individual and family members in a safe and positive environment.



What is Early Onset?

Early Onset focuses on individuals, ages 15-30, that are diagnosed with a thought disorder and/or a co-occurring disorder.

The intent of Early Onset is to provide intensive support to individuals who have had their first episodic break in psychosis and diagnosed within the past 2 years. In having multiple teams designated throughout our 9 county area, our goal is to reduce the risk of further crisis events by utilizing intensive services to all who meet criteria. Inclusion of family and other supports within this program are highly suggested to provide services as a whole.

In order to ensure the proper delivery of treatment, the client will meet with qualified staff members frequently to prevent further disruptions to everyday life. By doing this, it will help the client foster an environment of positivity and potential for future growth. This model is an evidence based approach that is currently being provided by eight other Local Mental Health Authorities in the state of Texas.



INDIVIDUALS ENROLLED IN EARLY ONSET WILL HAVE ACCESS TO SERVICES INCLUDING—

- CASE MANAGEMENT
- PSYCHIATRIC SERVICES
- PSYCHOSOCIAL REHAB
- SUPPORTED HOUSING
- SUPPORTED EMPLOYMENT
- MEDICATION MANAGEMENT
- FAMILY PARTNERING
- PEER PROVIDERS