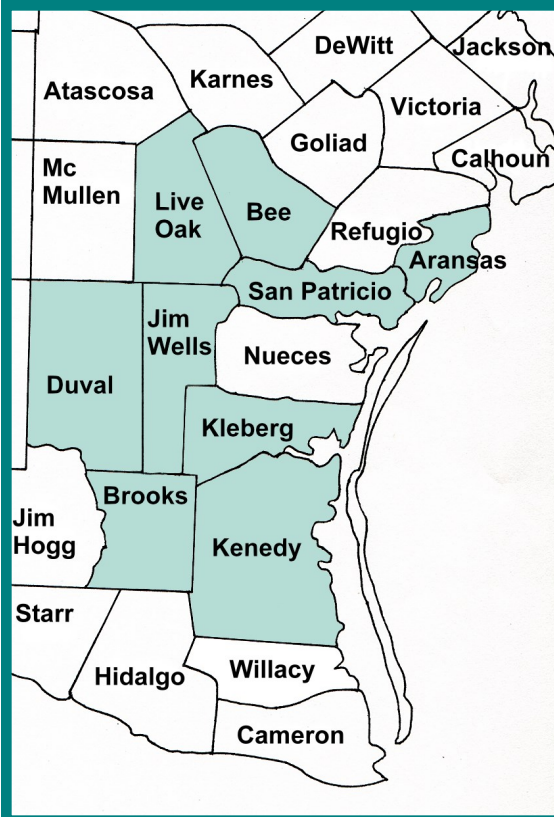


Serving 9 Counties of The Coastal Plains



Coastal Plains

Administrative Offices

200 Marriott Drive
Portland, TX 78374
Phone: (361) 777-3991
Fax: (361) 777-2940
Toll Free: 1-888-819-5312

For More Information
Contact the Clinic Nearest You

Aransas County Clinic

620 E. Concho
Rockport Texas 78382
Phone: (361) 727-0988

Aransas Pass
1010 S Commercial St.
Aransas Pass, Texas 78336
Phone: (361)-226-3022

Bee and Live Oak County Clinic

2808 Industrial Loop
Beeville, Texas 78102
Phone: (361) 358-8000

Brooks County Clinic

101 W. Potts
Falfurrias, Texas 78355
Phone: (361) 325-3673

Duval & Jim Wells County Clinic

614 W. Front Street
Alice, Texas 78332
Phone: (361) 664-9587

San Diego Clinic

409 E Gravis
San Diego Tx 78384
Phone: (361)-279-7296

Kenedy & Kleberg County Clinics

1621 East Corral
Kingsville, Texas 78363
Phone: (361) 592-6481

San Patricio County Clinic

201 Roots Ave.
Taft, TX 78390
Phone: (361) 528-4516



Coastal Plains
Integrated Health

Youth And Family



Behavioral Health Services

Enhancing the quality of
life for children
and their families
through mental health
services for a brighter
tomorrow.

Youth & Family Program



Coastal Plains Integrated Health provides community services to children with emotional, behavioral, or mental health disorders (excluding a single diagnosis of substance abuse, IDD, autism, or pervasive disorder)

The Youth may be at risk or currently involved in:

- ◆ Being placed in special education by the school system due to serious emotional disturbance.
- ◆ At risk of removal from their living environment or a preferred child care environment due to psychiatric symptoms.
- ◆ Youth has shown a serious functional impairment of 50 or less during the past or current year.



Youth & Family Services (Y&F) offer assessments and timely access to a variety of comprehensive behavioral health services. Focusing on the child's welfare and improvement, the Y&F program strives to address the needs of the family as they relate to the child or adolescent.

The Y&F program's focus is to counsel, teach, assist and advocate for young people and their families on ways to live, learn and work together as a team for positive outcomes.

Coastal Plains works closely with the juvenile justice system in order to provide juveniles with rehabilitative skills training to lessen behaviors that have resulted in their placement in the justice system.

Who is Eligible? Young people age 3 to 17 years with emotional or behavioral disturbances and experiencing problems in their homelife, school or community.

How Do I Begin? Requesting an Intake is the first step. You can call or visit the clinic that is closest to you to ask for services. The Intake Screener will ask you for information about your child's age, prior mental health services, emotional status, home and school behavior, and any current medications. Your child will be screened for other risk factors such as juvenile justice system involvement, delinquent behavior, and presenting a danger to themselves or others. Insurance information will also be taken at this time.

Who Will I Meet?

- **Licensed Practitioner of the Healing Arts (LPHA)** - Conducts the screenings for intake and determines the initial diagnosis.
- **Nurse** - Discusses any medical needs.
- **Service Coordinator** - Serves as the link between the family, youth and other agencies that may be involved.
- **Counselors** - Provides therapy to families, children or adolescents.

Crisis Hotline
1-800-841-6467

Services

Assessment - A clinical evaluation to determine the level of care for the youth and special treatment needs.

Psychiatric/Medication Clinic - A psychiatric evaluation is done to determine the medical diagnosis and medication if necessary. These services are provided by the psychiatrist and nurses.

Skills Training - Training is provided by qualified professionals designed to reduce symptoms and increase social functioning.

Service Coordination - Assists children in gaining access to medical, social, educational, and other appropriate services that will help improve family life.

Family Support - A variety of supports are offered that maintain the youth in family, school and community.

School-Based Services - Rehabilitation Skills Training is provided in a school-based model by using problem solving approaches and/or cognitive behavioral intervention strategies. Skills Trainings are designed to improve behavior in school and reduce symptoms such as poor relationships skills between peers, parents, and other authority figures.

Crisis Intervention – This service is provided to youth displaying symptoms that are life threatening and require immediate intervention. Services are available 24 hours a day, 7 days a week by calling our Crisis Hotline at 1-800-841-6467.