



FY 2025 ANNUAL REPORT

Coastal Plains Integrated Health

Providing Behavioral Health
Services in Rural South Texas

 1-888-819-5312

 <https://coastalplainsctr.org/>

 200 Marriott Dr., Portland, Texas 78374



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Company Overview

Our Mission

Coastal Plains Integrated Health will be a leader in quality human services as defined by the people we serve.

Our Vision

Enhancing personal growth in our community through support, guidance, education and advocacy.

About Coastal Plains Integrated Health

The Center was originally formed in 1996 through the merger of community Mental Health and Mental Retardation services from three existing organizations: Rio Grande State Center, San Antonio State Hospital, and the Corpus Christi State School. This merger created Coastal Plains State-Operated Community Services (CPSOCS).

On September 1, 1999, the organization became Coastal Plains Community MHMR Center (CPMHMR), governed by a Board of Trustees. This change occurred as part of a statewide initiative to consolidate mental health and intellectual and developmental disability services under local governance. As the Center evolved over the years and began embracing a more integrated model of care, the organization adopted a new name in 2023: Coastal Plains Integrated Health.

Coastal Plains Integrated Health is located in the Coastal Bend region of South Texas and spans approximately 9,000 square miles. The Center serves a large, sparsely populated rural area with a population of approximately 239,761 residents across nine counties: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio.

The Center operates under the guidance and direction of a nine-member Board of Trustees, with each of the nine counties represented by one board member.

Coastal Plains Integrated Health operates with a budget of \$22.7 million and currently serves approximately 2,640 adults with severe and persistent mental illness and 660 youths with serious emotional, behavioral, or mental health needs.

Philosophy Values

- Communication begins with listening and results in mutual understanding.
- Confidence in people: People, given the opportunity, will fully participate in decisions affecting their lives, gain skills and define their own success.
- Education – Knowledge – Experience: The acquisition of skills and knowledge is a lifelong process.
- Individuality – Diversity: We find harmony in diversity by appreciating differences.
- Optimism: There is power in positive thinking.
- Trust – Honesty: Effective partnerships begin with trust and honesty.
- Clarity in what we do: Reduction of needless complication helps people make informed choices.
- Sense of Purpose: Happiness comes from having a sense of purpose.

Guiding Principles

Respect will be demonstrated by consistent application of the following principles:

- We have confidence in people
- We will listen to people's opinions and needs
- We believe that work enhances a person's stature and provides opportunities for meaningful relationships.
- We believe the individual is the driving force in service planning.
- We will address each person's unique preferred lifestyle in productive and meaningful ways.

CEO Summary

This past year has been one of purpose, progress, and perseverance. As the demand for outpatient mental health services continue to grow, our Center has remained steadfast in its mission to provide compassionate, client-centered care. In FY 2025 our Center's budget was over twenty-two million. With these dollars we provided an array of services to individuals in our nine-county area. Some of these services include mental health care, addiction care, intellectual and development disability services, crisis services, primary care services, and counseling services. In this challenging health care environment, we have remained committed to responsible financial stewardship, sustainability, strategic growth, and resource management to ensure we build a solid foundation for the future.

A significant milestone that occurred this year was the groundbreaking ceremony for our new addiction/crisis center in Jim Wells County. This new center opened in September of 2025 and represents our ability to respond to urgent behavioral health needs while reducing barriers to care and supporting continuity of treatment.

As we look ahead, we remain focused on innovation, access and building partnerships in our community that helps support an improved healthcare system in our area. Recruitment continues to be a challenge, but we are fortunate our staff turnover has been minimal compared to other agencies. Our staff are trained to be professional, resilient, and passionate about the work they do each day. They are taught to focus on supporting individuals and families on their path toward recovery. Our staff, existing partnerships, and network we have strengthened over the years are helping us build a stronger integrated health care system in our community which ultimately improves outcomes for those we serve.

A handwritten signature in black ink, appearing to read 'L. Trejo Jr.' with a stylized flourish at the end.

Leonel B. Trejo Jr.
CEO



Board of Trustees



**Kleberg County
Honorable Judge
Rudy Madrid
Chairman**



**Jim Wells County
Honorable Judge
Pedro Trevino, Jr.
Vice-Chairman**



**San Patricio
Commissioner
Tom Yardley
Secretary**



**Live Oak County
Honorable Judge
James Liska
Board Member**



**Bee County
Honorable Judge
George Morrill, III
Board Member**



**Kenedy County
Honorable Judge
Charles Burns
Board Member**



**Aransas County
Sheriff
William "Bill" Mills
Board Member**



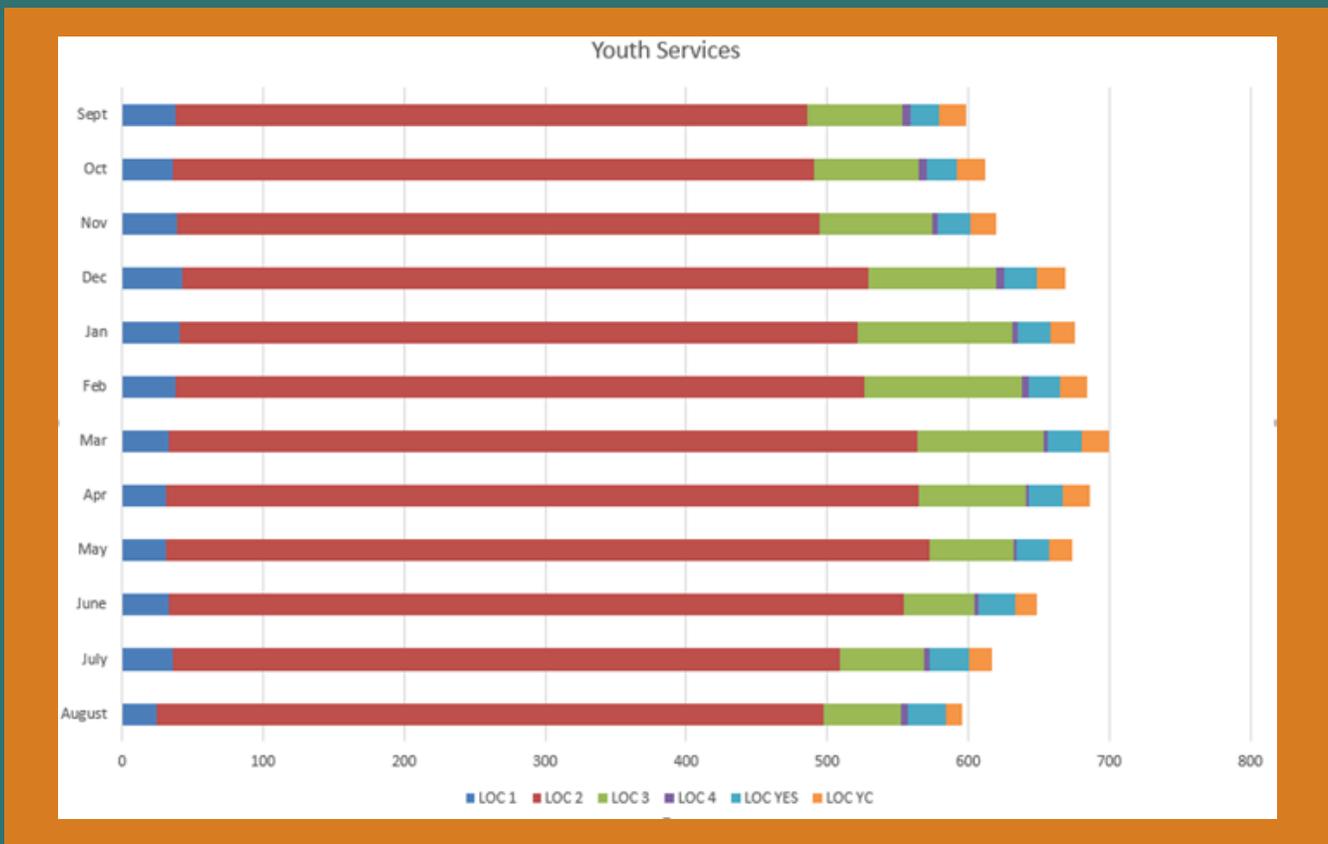
**Brooks County
Honorable Judge
Eric Ramos
Board Member**



**Duval County
Honorable Judge
Arnold Cantu
Board Member**

Youth & Family

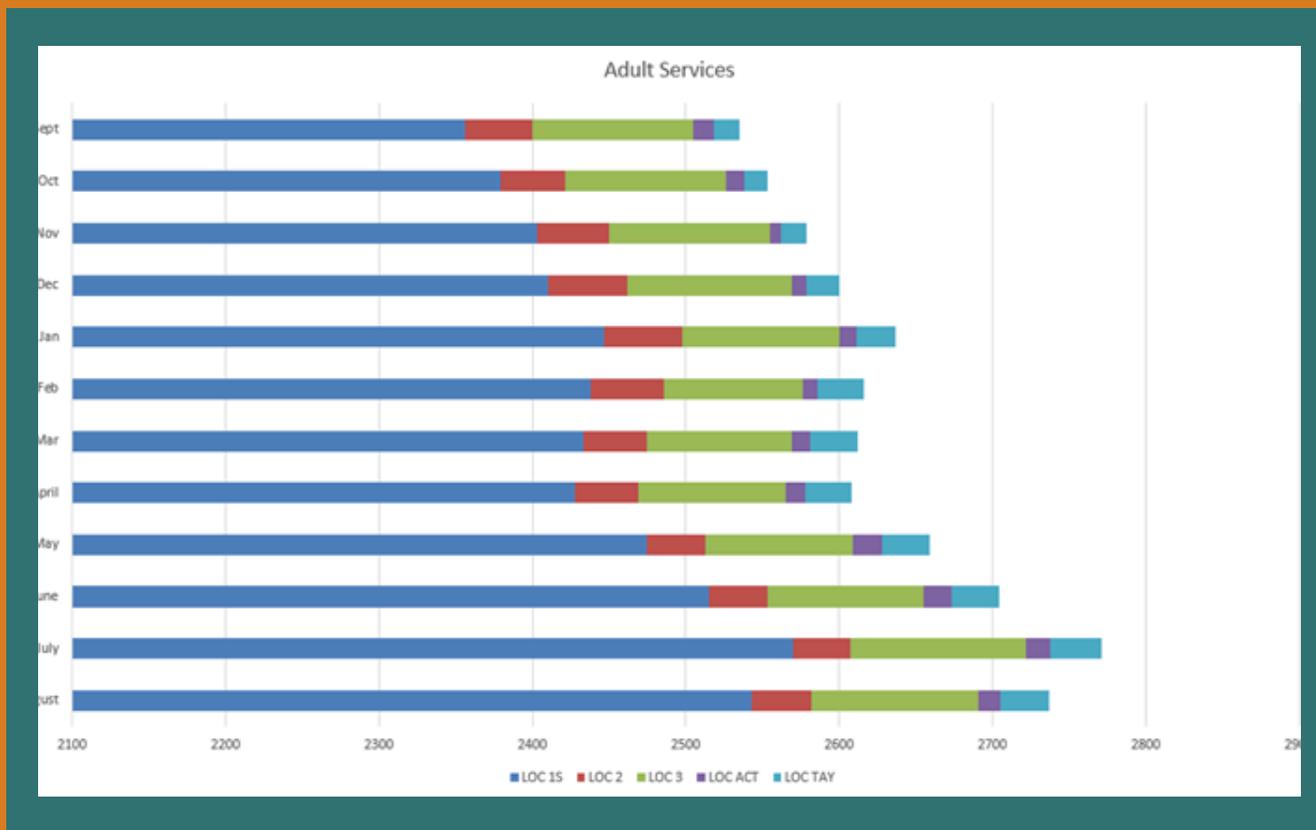
Coastal Plains Integrated Health continues to provide the most appropriate and beneficial services to youth and adolescents ages 3 to 17 with a mental health diagnosis. These services include intensive, in-home, family-focused therapy and related supports for children, adolescents, and their families. The program is designed to help youth remain safely within their family setting while addressing the needs of all family members as they relate to the child or adolescent.



The target goal for FY25 was to continually serve 647 individuals. Coastal Plains Integrated Health exceeded this goal for the year, with an average of 648 individuals served continuously across all four quarters (Q1: 648, Q2: 676, Q3: 687, and Q4: 617).

Adult Mental Health Services

Coastal Plains Integrated Health continues to provide services to adults with severe and persistent mental illnesses. Our service catchment area includes Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio counties.



The target goal was to continually serve 2,305 individuals. Coastal Plains Integrated Health exceeded this goal throughout the year, serving an average of 2,556 individuals in Q1, 2,618 in Q2, and 2,626 in Q3. In Q4, the organization continued to surpass the target, serving an average of 2,754 individuals.

Integration Program

Coastal Plains Integrated Health’s Integration Program increases access to quality primary care for individuals who may otherwise lack consistent medical services. By combining primary care and behavioral health services within all Coastal Plains clinics, the program supports a coordinated and comprehensive approach to whole-person care. In FY 2025, the program delivered 1,237 integrated care services, expanding access and strengthening care coordination for the communities we serve. The program is also projected to generate \$44,305 in revenue, supporting the continued delivery and expansion of integrated care services.

Primary healthcare services provided include:

- Adult Primary Care
- Women’s Health Services
- Laboratory Services and Health Education
- Pharmacy Services
- Enabling Services, including assistance with enrollment and referrals to state programs (CHIP, Medicaid, etc.)
- Eligibility and Enrollment Support
- Preventative and Wellness Care



Mental Health First Aid

Mental Health First Aid (MHFA) is an evidence-based training program that equips individuals with the knowledge and skills to recognize the signs of mental health or substance use challenges and to respond effectively to someone who may be experiencing a crisis.

In Fiscal Year 2025, Coastal Plains Integrated Health continued to expand MHFA outreach, and the impact across our communities can be seen below:

- Trainings conducted: 38 (35 Youth MHFA, 3 Adult MHFA)
- New trainers added: 1
- Total individuals trained: 726 (142% increase from FY24)
- School districts reached: 26
- 678 total ISD employees trained

Through these efforts, we continue to strengthen community awareness, reduce stigma, and empower individuals to provide timely support and intervention for those in need.



Crisis Services

- Total number of crisis services provided: 5,420
- Improved access to care: Through funding from the Crisis Community Mental Health Grant, CPIH is able to provide intakes for post-crisis patients an average of 9 days sooner than for non-crisis patients.

Coastal Plains Integrated Health provides crisis care across nine South Texas counties, covering approximately 9,000 square miles of rural communities. Crisis assessments are conducted by a Qualified Mental Health Professional – Community Services (QMHP-CS) and staffed with a designated Licensed Practitioner of the Healing Arts (LPHA), who determines the appropriate level of care and connects individuals to needed services.

Crisis services are available 24/7 through the Crisis Hotline (1-800-841-6467), with walk-in assessments available Monday–Friday, 8:00 a.m. to 5:00 p.m. at all 10 CPIH facilities by our Mobile Crisis Outreach Team (MCOT). Services include mental health screenings, crisis assessments, psychiatric and substance use services, assistance locating hospital beds, and referrals to community resources. Our Continuity of Care Department coordinates inpatient care approvals, monitors treatment during hospitalization, and supports individuals with post-discharge follow-up to ensure continuity of care. In addition, funding from our Private Psychiatric Bed Grant (PPB) and Community-Based Crisis Program (CBCP), totaling \$2.6 million. This funding allows us to contract with seven local hospitals to ensure individuals experiencing a crisis can be admitted to inpatient facilities without prolonged waits in emergency rooms or jails.

Intellectual & Developmental Disability Services

Coastal Plains Integrated Health continues to provide essential residential and community-based services for individuals with intellectual and developmental disabilities through the Home and Community-based Services (HCS), Texas Home Living (TxHmL), and Pre-Admission Screening and Resident Review (PASRR) programs. These programs ensure individuals receive the appropriate level of care and support in the most integrated setting possible, helping them maintain independence, develop life skills, and remain active members of their communities. Our residential program provides safe and supportive living environments designed to promote stability and personal growth. In addition, community-based services allow many individuals to remain in their own homes or family settings while receiving personalized support.

Coastal Plains Integrated Health also partners with a strong network of providers to ensure individuals and families have access to a wide range of services and support options throughout the region.

Program Highlights

- 3 Group Homes providing structured residential support
- 12 Residents served in community-based homes
- 1 Female Home and 2 Male Homes to meet individual needs
- 56 Individuals served through the In-Home and Family Support (ISS) program
- 34 Host Homes offering family-style residential environments
- 17 Contractors providing Personal Assistance Services (PAS), Habilitation (HAB), and Respite services

Through these services and partnerships, Coastal Plains Integrated Health remains committed to improving quality of life, promoting independence, and ensuring individuals with intellectual and developmental disabilities receive the support they need to thrive.

IDD Crisis Intervention Services

The Crisis Intervention Specialist (CIS) plays a critical role in supporting individuals with Intellectual and Developmental Disabilities (IDD) who are at risk of experiencing behavioral or emotional crises. CIS works collaboratively with service coordinators, service providers, families, and other community agencies to identify individuals who may require additional supports to prevent crisis situations. Through this collaborative approach, CIS assists teams in developing prevention strategies, providing training and guidance, and strengthening coping and problem-solving skills for individuals and their support networks.

In addition to prevention efforts, CIS provides immediate, short-term crisis intervention to individuals experiencing events that lead to emotional, mental, physical, or behavioral distress. These services are designed to stabilize situations, reduce risk, and connect individuals and their support systems with appropriate resources and ongoing supports. Interventions often include crisis assessment, coordination with support teams, and implementation of strategies to help individuals safely return to their regular living and support environments.

During the reporting year, 114 individuals received crisis intervention services, reflecting the ongoing need for timely and coordinated crisis response within the IDD community. In situations where additional stabilization was necessary, 16 individuals utilized out-of-home respite services at the Seguin, Texas Respite House, providing a structured and supportive environment to address immediate needs while longer-term supports were coordinated.

Overall, the CIS program continues to play an essential role in promoting stability, preventing escalation of crisis situations, and supporting individuals with IDD in maintaining their health, safety, and quality of life within their communities.



FY 2025 Financial Summary

FY2025 Operating Budget:
\$22.7 Million

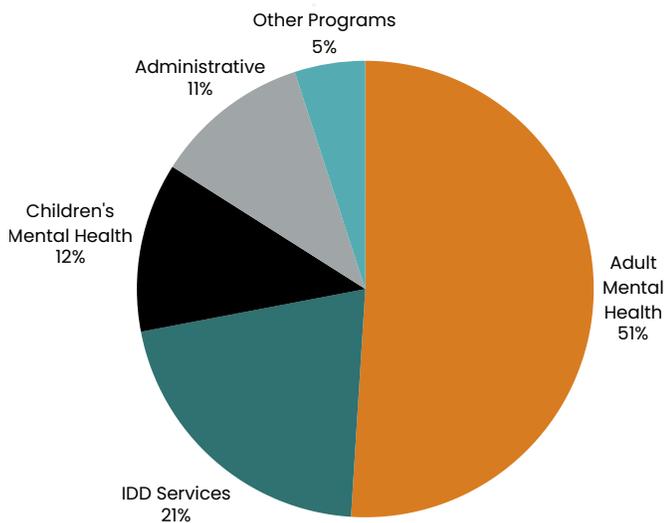
REVENUE SNAPSHOT

Where Our Funding Comes From
Total Revenue: \$22,664,840

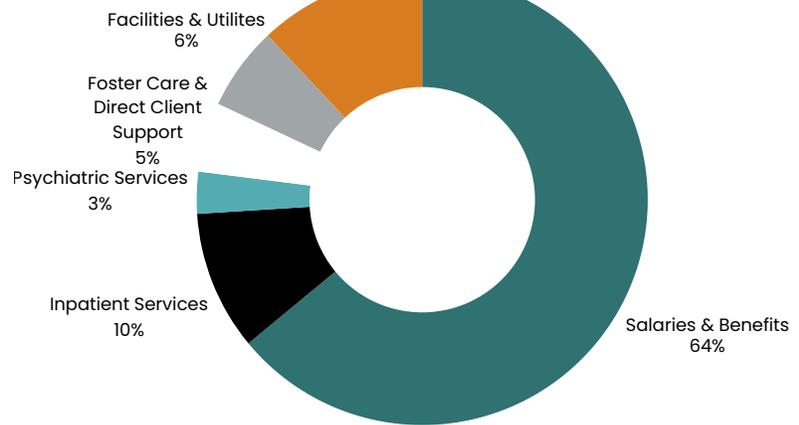
EXPENSE SNAPSHOT

How Funds Are Used
Total Expenses: \$22,664,844
Balanced Budget

Total Revenue



Other Operating
12%



2025 Highlights

- Workforce investment: \$14.5M in salaries & benefits
- \$1.9M supporting inpatient and crisis services
- Increased funding for IDD and rehabilitation services
- Strategic investment in training and infrastructure
- Continued strong state and federal partnerships

Workforce Overview

Coastal Plains Integrated Health is supported by a dedicated workforce of 217 full-time employees, with no part-time positions currently within the organization. This team plays a critical role in delivering high-quality behavioral health, intellectual and developmental disability (IDD), and community support services across the service area. The organization's employees are central to ensuring individuals and families receive timely, coordinated, and person-centered care.

Year-to-date, the organization has maintained an 11% employee turnover rate, reflecting ongoing efforts to promote staff stability, strengthen employee engagement, and support a resilient workforce committed to serving the community.

In addition to its direct workforce, Coastal Plains Integrated Health partnered with 106 contracted providers during FY 2025, expanding service capacity and enhancing access to specialized care. Contract providers are distributed across several key service areas:

Intellectual and Developmental Disabilities (IDD)

- Host Home / Personal Assistance Services & Habilitation (PasHab): 54
- General Revenue (GR) Respite Providers: 23
- Clinical Providers: 3

Mental Health (MH)

- Hospitals / Clinical Providers: 15

Youth Services

- Therapies / Clinical Providers: 11

Together, these employees and contracted providers form a comprehensive service network that enables Coastal Plains Integrated Health to meet the diverse behavioral health and developmental needs of individuals across the region.

Service Locations



**Addiction/Crisis
Drop-In Center**
614 A W. Front St
Alice, Texas 78332



Aransas County
620 E. Concho
Rockport, Texas 78382



Bee County
2808 Industrial Loop
Beeville, Texas 78102



Brooks County
101 W. Potts
Falfurrias, Texas 78355



Duval County
409 E Gravis
San Diego, Texas 78384



Jim Wells County
614 W. Front St
Alice, Texas 78332



Kenedy-Kleberg Counties
1621 E Corral
Kingsville, Texas 78363



San Patricio County
201 Roots Ave
Taft, Texas 78390



San Patricio County
1010 S Commercial
Aransas Pass, Texas 78336



Coastal Plains Integrated Health is the authority for Mental Health and Intellectual and Developmental Disabilities services of nine counties of the Texas Coastal Plains.

These include Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio Counties.

Coastal Plains Integrated Health's administrative office is located at 200 Marriott Drive in Portland, Texas 78374.

Phone 361-777-3991 or 888-819-5312 (toll free).

You may reach our Crisis Hotline at 1-800-841-6467.



Presented By:
Jacqueline Perez

Check out our website for more information



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